



HHP CLINICAL BULLETIN

CHOOSING WISELY®

Hawai'i Health Partners is working toward providing the best possible care for patients in the most cost-efficient manner. One way to achieve this is by reducing unnecessary tests and procedures ordered for patients.

According to a study by the National Academy of Sciences, 30 percent of the health care spending in the United States is wasteful or unnecessary and may not improve patient health. The Choosing Wisely® campaign was designed to address the issue of overuse of medical resources and encourage physicians and patients to engage in meaningful conversations about treatment options.

UNNECESSARY TESTS AND PROCEDURES

WHAT PHYSICIANS SAY



Nearly **3 in 4 physicians** say unnecessary tests and procedures represent a serious problem in the health care system.

87%

Most physicians feel a strong responsibility to help their patients avoid unnecessary care.



Only **1 in 5 physicians** always or almost always talk with patients about the costs of tests and procedures.



3 in 4 physicians say having more time with patients to discuss alternatives would be effective.

WHAT PATIENTS SAY

79%

Most consumers do not believe their doctor or hospital orders too many tests.

80%

Out of the 21 percent who do think their doctor orders too many tests, **80 percent do not feel comfortable** questioning their doctor about it.

81%

Most consumers are not having conversations with their doctors concerning the costs of tests, procedures or medications related to their treatment plans or diagnostic work-up.

63%

Most consumers do not feel that their physicians openly discuss side effects and the necessity of certain tests, procedures or medications with them.

Data Source: "Unnecessary Tests and Procedures in the Health Care System," a national study conducted for the ABIM Foundation by PerryUndem Research/Communication, May 2014, Web.

Data Source: "Unnecessary Tests and Procedures: What Consumers Have to Say," a survey conducted by iTriage and Choosing Wisely®, October 2014, Web.

This information is provided by

HAWAI'I HEALTH PARTNERS

Physician-led. Integrated quality care. Optimal health.

Hawai'i Health Partners is an accountable care organization of independent physicians, employed Hawai'i Pacific Health physicians, and Hawai'i Pacific Health hospitals and clinics.

hawaiihealthpartners.org

WHAT IS CHOOSING WISELY®?



An initiative of the ABIM Foundation

Choosing Wisely® is an initiative of the ABIM Foundation, established by the American Board of Internal Medicine, to help providers and patients engage in conversations about the overuse of tests and procedures and support efforts to help patients make smart and effective health care choices.

Choosing Wisely® aims to promote conversations between providers and patients by helping patients choose care that is:

- Supported by evidence
- Not duplicative of other tests or procedures already received
- Free from harm
- Truly necessary

RESOURCES FOR PHYSICIANS

- Choosing Wisely® alerts in Epic.
 - Hawai'i Pacific Health has integrated a robust set of alerts into Epic that are activated when commonly prescribed tests, procedures, labs and medications are ordered.
 - The alerts are equipped with links to references and patient education materials for health care providers.
 - Physicians can "override" the alert if they believe their proposed intervention is still appropriate after reviewing the information by indicating the reason in the system.
- More than 60 lists developed by medical specialty societies of "Things Providers and Patients Should Question," which include evidence-based recommendations to help make decisions about the most appropriate care based on a patient's individual situation.
- Updates from the Field, Choosing Wisely®'s monthly e-newsletter. Subscribe online at choosingwisely.org/subscribe.
- Physician communication modules, a series of scenario-based education modules to help physicians engage with patients. Access these modules online at choosingwisely.org/resources/.

RESOURCES FOR PATIENTS

In collaboration with Consumer Reports, the Choosing Wisely® campaign offers patient-friendly resources on about 75 topics, such as:

- Allergy tests: When you need them and when you don't
- Imaging tests for headaches: When you need them and when you don't
- Physical therapy: Five treatments you probably don't need
- Treating sinusitis: Don't rush to antibiotics
- Why scheduling early delivery of your baby is not a good idea

WHERE TO FIND IT

Visit choosingwisely.org

Follow the ABIM Foundation on social media:

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