Making the best choice for your health care needs

IS THIS AN EMERGENCY?

You should always call your primary care physician (PCP) first when you have a medical problem unless it is severe or life-threatening.

When you are sick or injured and your primary care physician is not available, you may wonder whether you should go to a hospital emergency department or an urgent care clinic. The following information will help you make the best choice for your health care needs.

Go to your primary care physician if you have:

- Common illnesses such as colds, flu, earaches, sore throats, migraines, fever, rashes, urinary tract infections, depression, dizziness or headaches
- Minor injuries such as sprains, back pain, minor cuts and burns, minor broken bones or minor eye injuries
- Regular physicals, prescription refills, vaccinations and screenings
- A health issue where you need advice

Hours of operation are during regular business hours, and may include evening or weekend hours.

Urgent care clinics:

- Focus on diagnosing and treating conditions that aren’t life-threatening yet need to be taken care of right away
- Offer quality care on a walk-in basis
- Have extended evening and weekend hours
- Typically have radiology and laboratory services available

If your primary care physician is not available, go to an urgent care clinic if you have:

- Common illnesses
- Colds or flu
- Earaches
- Eye infections
- FEVERS and flu
- Headaches
- Minor injuries, lacerations and bruises
- Moderate back problems
- Sinus infection
- Skin rashes and infections
- Sore throat and cough
- Sprains and strains
- Stomach ailments
- Urinary tract infections
- Most other minor injuries and illnesses that are not life-threatening

Hospital emergency departments:

- Treat severe and life-threatening conditions
- Have specially trained doctors, paramedics, nurses and other support staff that an recognize, diagnose and make recommendations on a wide variety of medical issues
- Are open 24-hours a day, seven days a week, 365 days a year

Go to the nearest hospital emergency department if you have:

- Chest pain
- Sudden or severe pain in other areas
- Abdominal pain
- Coughing or vomiting blood
- Deep cuts or bleeding that won’t stop
- Difficulty breathing
- Sudden blurred vision
- Sudden dizziness, weakness or loss of coordination or balance
- Signs of stroke – numbness in face, arm or leg
- Severe bleeding
- Sudden severe headache
- Seizures
- High fevers
- A head injury
- Other major trauma or injury
- Any other condition you believe is life-threatening

Urgent Care locations

For hours of operation, call the clinic directly or visit straubhealth.org

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<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Straub Hawai‘i Kai Clinic</td>
<td>Koko Marina Shopping Center 7192 Kalanianaole Highway Honolulu, HI 96825</td>
<td>808-396-6321</td>
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<tr>
<td>Straub King Street Clinic</td>
<td>888 South King Street Strode Building, 1st Floor Honolulu, HI 96813</td>
<td>808-522-4511</td>
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<tr>
<td>Straub Mililani Clinic</td>
<td>The Town Center of Mililani 95-1249 Meheula Parkway Mililani, HI 96789</td>
<td>808-625-6444</td>
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<tr>
<td>Straub Pearlridge Clinic</td>
<td>98-151 Pali Momi Street 'Aiea, HI 96701</td>
<td>808-483-6400</td>
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<tr>
<td>Straub Doctors on Call</td>
<td>Sheraton Waikiki 2255 Kalakaua Avenue, Manor Wing #1 Honolulu, HI 96815</td>
<td>808-971-6000</td>
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Information provided by Hawai‘i HEALTH PARTNERS

Hawaii Health Partners is an accountable care organization of independent physicians, employed Hawaii Pacific Health physicians, and Hawaii Pacific Health hospitals and clinics.

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