Hawai‘i Medical Service Association (HMSA) Quick Reference Guide for Cardiac Catheterization

Starting December 1, 2015, HMSA will require preauthorization of elective, non-emergent cardiac catheterizations.

The following services won’t be affected by this relationship:
- Inpatient cardiac catheterizations.
- Emergency cardiac catheterizations.

The physician ordering the cardiac catheterization is responsible for obtaining preauthorization. The rendering facility must ensure that preauthorization was obtained. As the ordering physician, it’s recommended that you develop a process to ensure that the appropriate preauthorization number has been obtained. Payment to the ordering physician and rendering facility will be denied for procedures performed without the required preauthorization, and the member cannot be billed for such procedures.

Procedures requiring preauthorization under HMSA plans:
- CT/CTA.
- MRI/MRA/MRS.
- PET scan.
- CCTA.
- Myocardial perfusion imaging (MPI).
- Stress echocardiography (Effective December 1, 2015).
- Implantable cardiac devices (Effective December 1, 2015).
- Cardiac catheterization (Effective December 1, 2015).

Emergency room, observation, and inpatient procedures don’t require preauthorization from NIA Magellan¹ at this time. If an emergency clinical situation exists outside of a hospital emergency room, you should proceed with the examination and call NIA Magellan no later than the next business day to proceed with the normal preauthorization process for cardiac catheterizations.

Preauthorization Process
There are two ways to obtain preauthorization — either through NIA Magellan’s website at RadMD.com or by calling 1 (866) 306-9729 toll-free.

¹ NIA Magellan refers to National Imaging Associates, Inc.
The following information is required when requesting preauthorization for cardiac catheterizations. The ordering physician will need to fax some of this information from the patient’s chart. If the requested information isn’t submitted within the specified timelines, the request won’t be approved.

- To complete a preauthorization request, the patient’s date of service is mandatory. If the date of service changes, you can update with NIA Magellan within the same preauthorization request.

- Type of catheterization planned:
  - Left heart.
  - Right heart.
  - Both left and right heart.

- If any of the following will be included:
  - Percutaneous coronary intervention (PCI) will be or may be performed (can include PTCA/angioplasty, stent, or atherectomy).
  - Septal closure.

- Reason for ordering the catheterization:
  - Presentation of coronary artery disease (CAD) with information about symptoms, angina, ischemia, etc.
  - Recent positive stress test.
  - Coronary Calcium Score above 400.
  - Hospital admission within the past 30 days for myocardial infarction.
  - Heart failure within the past two weeks.
  - Positive CCTA (coronary CT angiogram) in past 90 days.
  - Pre-operative evaluation before valve surgery.
  - If none of the above, provide other reason.

- Stress test and CCTA results:
  - Whether results were negative, positive, or indeterminate and actual test results.
  - Extent of ischemia.
  - Patient’s exercise tolerance.

Website Access
- The physician ordering the imaging procedure is responsible for completing a request for preauthorization online or by telephone. Patient symptoms, past clinical history, and prior treatment information will be needed and should be available at the time of the contact.
- You can request preauthorization at RadMD.com. RadMD is available 24/7, except when maintenance is performed once every other week after business hours. To begin, you’ll need to obtain your own unique user name and password for each individual user in your office. Simply go to RadMD.com, click on the New User button, and complete the application form.
If you’re requesting preauthorization through NIA Magellan’s website and your request is pended, you’ll receive a tracking number and NIA Magellan will contact you to complete the process.

The NIA Magellan website cannot be used for retrospective or expedited preauthorization requests. Those requests must be processed by calling NIA Magellan.

**Telephone Access**

- Call center hours of operation are Monday through Friday, 6 a.m. to 6 p.m. Hawaii Standard Time. The number is 1 (866) 306-9729 toll-free.
- NIA Magellan can accept multiple requests during one phone call.

**Frequently Asked Questions**

**How will a preauthorization be processed?**

Providers will follow the same process either online via RadMD.com or by using the call center. The request for preauthorization is pending clinical review and additional information will be requested from the patient’s chart. At the end of the process, a preauthorization number will be given when the request is approved.

**Why are HMSA and NIA Magellan requiring preauthorization for cardiac catheterization procedures?**

Analysis of elective, non-emergent outpatient cardiac catheterizations reveals that a significant number of catheterizations aren’t preceded by a diagnostic stress test within 90 days before the procedure, and many catheterizations didn’t result in a procedure or intervention after the diagnostic catheterization was performed. It’s HMSA’s goal to ensure that patients receive the most appropriate procedure at the right time during their course of care.

**Where can I find NIA Magellan Clinical Guidelines?**

NIA Magellan’s Clinical Guidelines can be found on the NIA Magellan website at RadMD.com. To preview these guidelines before the program starts on December 1, 2015:

- Go to RadMD.com.
- Click on Sign In.
- Enter your Account ID and Password.
- Click on the Health Plan Specific Educational Docs selection on the menu options page.
- Scroll down the page to locate your specific health plan name (HMSA) on the left side of the screen. Click once to open.
- Click on the link below Preview of Clinical Guidelines to open the pdf document.

**Is preauthorization necessary if HMSA is not the member’s primary insurance?**

No. Preauthorization is not required when HMSA is the secondary insurance.
Who can I contact at NIA Magellan for questions and/or concerns?
To educate your staff on NIA Magellan procedures and to help you with any provider issues or concerns, contact your NIA Magellan area provider relations manager or call the NIA Provider Services team at 1 (800) 327-0641 toll-free.

What will the membership card look like? Will it have both NIA Magellan and HMSA information on the card? Or will there be two cards?
There is only one HMSA membership card and it doesn’t include NIA Magellan identifying information.