

# Our Next Steps in Transforming Health Care Quality

After six months of careful review, fielding comments and numerous meetings with many of you, we are preparing to roll out the 2016 Quality Performance and Shared Savings Programs. Our goal for this year's program was to make it simpler and more inclusive – finding ways to make it easy for more physicians to participate and have a broader, positive impact on more patients.

Your feedback was greatly appreciated and considered when revising these measures. Some said the 2015 measures were confusing. Where possible, we've responded by simplifying definitions, clarifying responsibilities and describing workflows (but please understand that some measures – for example, those related to sepsis, glucose monitoring and POLST – are very specific by definition because they are required by our HMSA contract).

We've selectively added new measures to address customer service, transitions of care between the hospital and primary care, continuing education and training. We chose these measures after weighing their potential impact with your colleagues on the board of managers, the QCI committee and the metrics subcommittee.

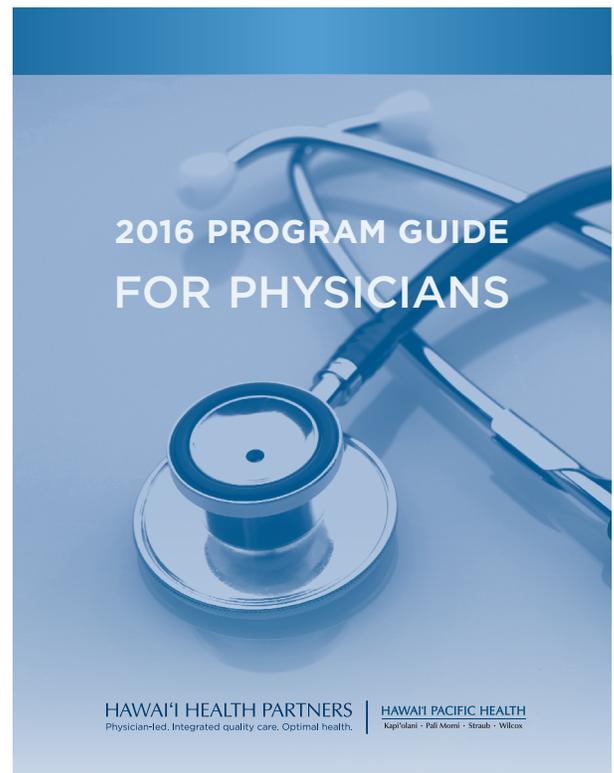
Ultimately, we expect you'll see a small set of point-earning opportunities that make sense for your specialty as we continue to build a community of high-performing physicians.

Visit [www.hawaiihealthpartners.org/media/1276/2016-program-guide-1217-online.pdf](http://www.hawaiihealthpartners.org/media/1276/2016-program-guide-1217-online.pdf) for the new 2016 Program Guide for Physicians. We look forward to working with you in the coming year and will be here to listen and support you in meeting these measures. Together, we can improve both the quality and efficiency of the care we provide.

## *Final Push for 2015*

While on the topic of measures, now would be the time to focus on final efforts to improve your 2015 quality scores, especially for primary care physicians (PCPs).

PCPs have a larger percentage of their pay tied to quality. With only a few weeks left in the year, this is a great time to review your Cozeva score, or HHP Primary Care Dashboard if you're employed, and invite your patients to address gaps in care. In addition, review the latest QPP report, which will be mailed soon, and protocols as outlined in the 2015 HHP Guide for Physicians.



Quality management is a lot like looking for a needle in a haystack. Instead of searching at random, a systematic approach will help you identify patients at high risk for future illness.

Our care coordinators are here to assist you in contacting your patients and scheduling screenings. However, nothing is as powerful as communication from you, their physician. You have the power to save lives, and really, that's what this is all about.

Visit here for the online version of the 2015 HHP Guide for Physicians:  
[www.hawaiihealthpartners.org/media/1131/2015-hhp-program-guide.pdf](http://www.hawaiihealthpartners.org/media/1131/2015-hhp-program-guide.pdf)

## MEASURE OF THE MONTH:

# Diabetic Retinopathy Screening

**DEFINITION:** The percentage of patients with diabetes 18-75 years of age who received a retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist) in the current measurement period or a negative retinal exam (no evidence of retinopathy) by an eye care professional in the prior measurement period. (This includes exam by retinal camera.)

**Why this measure matters:** Diabetic retinopathy is the leading cause of blindness in adults ages 20-74. People with both Type 1 and Type 2 diabetes are at risk.

In diabetes patients, blood vessels can become swollen and bleed into the eye, destroying tissue and causing blindness. This can be prevented with an annual screening. There are often no early symptoms. However, over time, diabetic retinopathy can worsen and cause vision loss or blindness. Early detection and timely treatment can reduce the risk of severe vision loss by 95 percent.

Please encourage all patients with diabetes to see their ophthalmologists annually.

For patients unwilling or unable to do so, Straub offers screening by retinal camera. This 15-minute test does not require chemical dilation of the pupil. While it does not replace a full eye exam, it has been shown to identify signs of disease early enough for treatment and is preferable to patients not getting screened at all.

To refer patients for this test, use the “men’s health” or “women’s health” orders in Epic, or contact your HHP care coordinator. In addition, HHP has developed a related patient information card to share with your patients, with plans for future communications to increase screenings.

(Visit here for the online version: [www.hawaiihealthpartners.org/media/1229/retinal\\_camera\\_hhp\\_fnl4.pdf](http://www.hawaiihealthpartners.org/media/1229/retinal_camera_hhp_fnl4.pdf))

For more information about how to achieve points on this measure, see page 62 in HMSA’s Pay for Quality Program Guide. ([hmsa.com/providers/assets/HMSA\\_P4QGuide.pdf](http://hmsa.com/providers/assets/HMSA_P4QGuide.pdf))

Questions or comments about this measure? Best practices to share? Email HHP Marketing Manager Brian Driscoll at [brian.driscoll@hawaiihealthpartners.org](mailto:brian.driscoll@hawaiihealthpartners.org) to share with the HHP team.

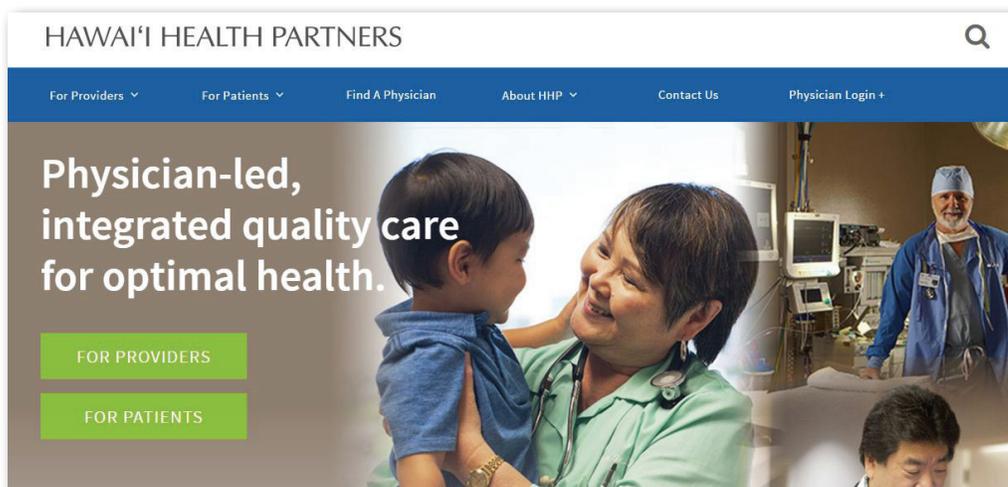


# HHP Launches New Website with More for Our Providers and Patients

HHP members and their patients will now find a lot more educational content and resources on the new HHP website. The updated site goes beyond general information about HHP. Now, providers have access to recorded CME sessions, news briefs, infographics, patient education materials and an events calendar. Like the old site, it will also include a password-protected section with program guides, reports, policies and procedures.

For the first time, the HHP site will feature a “For Patients” section that includes a full health library, access to MyHealthAdvantage, an enhanced physician directory and general information about ACOs.

We hope you find the new website to be a useful resource and encourage you to share any ideas you may have for improvements and/or future features.



## *Second Annual Membership Meetings Held on O'ahu and Kaua'i*

Close to 200 HHP members attended the Hawai'i Health Partners second annual membership meetings held Sept. 30 on O'ahu and Nov. 5 on Kaua'i. Those who attended enjoyed the opportunity to network with colleagues and learn more about what HHP is doing to transform health care delivery in Hawai'i by focusing on care coordination, bringing value to patients and creating an exceptional physician experience.

HPH Vice President Gerard Livaudais, MD, MPH, provided an overview of the state of the ACO, while Medical Director Dale Glenn, MD, shared examples of progress made in 2015 and clinical goals for 2016. Attendees of the O'ahu meeting also heard Alan Glaseroff, MD, discuss the transformation to accountable care and the importance of patient engagement.

In addition to hearing testimonials from members Michael Mihara, MD, and Patrick Ogilvie, MD, attendees had the opportunity to ask questions of HHP leadership, including Hawai'i Pacific Health CEO and President and HHP board member Ray Vara. The discussion focused on the move toward capitation, complex care, physician satisfaction and adjusting to a focus on quality over quantity.



## MEMBER SPOTLIGHT: LOIS R. SARUWATARI, MD

**Lois R. Saruwatari, MD**, is a board-certified internist in Honolulu. Having grown up in Manoa, she earned her BA from Yale and her MD from the Karolinska Institutet in Stockholm, Sweden. She completed her Internal Medicine residency at the Albert Einstein College of Medicine/Montefiore Medical Center in the Bronx, New York. She has been practicing in Honolulu since 1991.

### HHP: How long have you been an HHP member?

**SARUWATARI:** I've been a member for two years.

I've been in private practice since 2002, but I previously worked for Straub Clinic & Hospital for 13 years. I know and trust those physicians, which made it that much easier to join HHP.

### HHP: What is the biggest challenge you face with your patients?

**SARUWATARI:** I'm really lucky. I have a great group of patients - they're well-informed and invested in their health. My job is more to keep them well.

My goal is to teach and learn from my patients. I really gain from my patients - all those experiences I couldn't possibly have. I learn from all of them.

### HHP: What do you gain as an HHP member?

**SARUWATARI:** HHP offers support with documentation for the various quality measures, as well as technology. It allows me to focus on the patient, not the economics.

Everyone should join because it really is the way of the future. And it allows you to keep your independence while receiving the necessary support to navigate today's difficult landscape.



## HHP WELCOMES NEW MEMBERS

Hawai'i Health Partners would like to welcome the following individuals who were recently appointed by the HHP Board of Managers as new members to the organization:

- **Sashi A. Braga, MD**, Family Medicine, Kaua'i Medical Clinic
- **Edith D. Canby-Hagino, MD**, Urology, Straub Clinic & Hospital
- **Priscilla K. Codiga, MD**, Internal Medicine, Independent
- **Ammaar El-Sergany, MD**, Hospitalist, Straub Clinic & Hospital
- **Ryan T. Hagino, MD**, Vascular Surgery, Straub Clinic & Hospital
- **Rae S.H. Holt, OD**, Optometry, Straub Clinic & Hospital
- **Joseph A. Kipta, MD**, Neurology, Straub Clinic & Hospital
- **Kimberly H.L. Koyanagi, NP**, Adult Nurse Practitioner, Straub Clinic & Hospital
- **Joy S. Kurhara, NP**, Nurse Practitioner, Straub Clinic & Hospital
- **Joseph S. Kushi, DO**, Family Medicine, Straub Clinic & Hospital
- **Melanie Payanal, MD**, Family Medicine, Independent
- **Karen C. Yamaguchi, DPM**, Podiatry, Independent
- **Mikela H. Yarawamai, MD**, Family Medicine, Straub Clinic & Hospital
- **Shanna A.B. Zarko, NP**, Family Nurse Practitioner, Straub Clinic & Hospital