



COVID-19 Doffing Sequence – CAPR Version

Last updated on 4/29/2020

Supplies required:

- Gloves (one pair)
- Designated storage container for DLC (labeled with your name)
- Super Sani-Cloth (“purple top wipes”) – or other hospital-approved disinfectants
- Chux

Doffing sequence:

Gown & gloves:

- Remove gown and gloves at the same time. Carefully pull from the front at the shoulders, down and roll outward as you pull (wrapping dirty side inward). Gloves should be bundled inside gown and discarded.
- Sanitize hands.

DLC – (disposable lens cuff):

- Go to your designated doffing zone.
- Put on clean gloves.
- Without touching the front, remove DLC from the helmet by grasping the back corners, behind the tabs to “unclick” from helmet and pull DLC away from face.
- Once DLC is off helmet, clean with hospital-approved disinfectant (ensure face shield is dry after cleaning). Always wipe from the inside of the shield first and work your way to the outside of the shield.
- Place DLC at designated area.

Helmet:

- Remove CAPR helmet by holding sides of helmet & lift helmet up - away from head.
- Clean helmet, cord and battery pack with hospital-approved disinfectant.
- Place helmet in designated area (such as a chux on the counter).
- Remove gloves.
- Perform hand hygiene.