

COVID-19 Doffing Sequence – N95 Version

Last updated on 4/29/2020

Isolation Room Type:

- For isolation rooms with anteroom –
 - You will doff gown and gloves in the anteroom.
- For isolation rooms without anteroom –
 - You will doff gown and gloves inside of the room while keeping your headgear on.

Doffing Sequence:



Gown & gloves:

- Remove gown and gloves at the same time. Carefully pull from the front at the shoulders, down and roll outward as you pull (wrapping dirty side inward). Gloves should be bundled inside gown and discarded.
- Perform hand hygiene.

- Exit the anteroom/room.
- Your headgear will remain on except for breaks/lunch and at the end of shift. For step-by-step instructions, please refer to the respective sections below.
- Perform hand hygiene.

Instructions for Breaks/Lunch:

- Go to your designated doffing zone.
- Perform hand hygiene.
- Lay down a clean paper towel and label it with your name.
- Remove face shield without touching the front. Grasp band at side/back of the head. Pull face shield off and place on paper towel with outside surface facing down.
- Place another clean paper towel on inside of face shield.
- Remove mask and place on top of second paper towel. Ties/loops on masks should be contained on the paper towels.
- Perform hand hygiene.

Instructions for End of Shift:

- Place labeled mask in designated bin for UV sanitation.
- Face shields:
 - Replace plastic laminate on face shield as needed or wipe face shield clean (ensure face shield is dry after cleaning). Always wipe from the inside of the shield first and work your way to the outside of the shield.