

# HHP/HPH COVID-19 Community Webinar Series

Monday, August 24, 2020  
5:30pm – 6:30pm

# Disclaimer:

- The following is intended as information resource only for HHP/HPH providers, clinicians, administrative and clinical leaders.
- Specific areas may not pertain directly to your clinical practice area and/or may not be applicable to your practice based on your existing workflows, infrastructure, software (e.g. EHR), and communications processes.

# Webinar Information

- You have been automatically muted. You cannot unmute yourself.
- You will be able to submit questions via the Q&A section.
  - Due to time constraints, any unanswered questions will be addressed this week and posted on the HHP website
- A recording of the meeting will be available tomorrow on the HHP website and intranet.

# How to Claim CME Credit

## 1. Step 1: Confirm your attendance

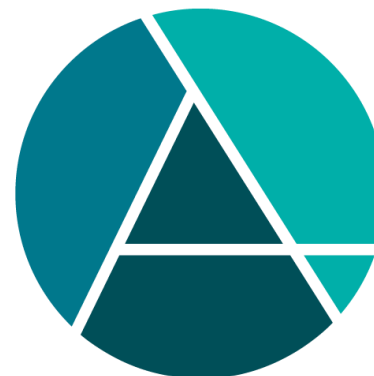
- You should have completed a brief questionnaire before joining today's live webinar.

## 2. Step 2: HPH CME team will email you instructions

- Complete and submit evaluation survey that will be emailed to you within one week of the offering.
- Your CE certificate will be immediately available to you upon completion of your evaluation.
- Questions? Email [hphcontinuingeduc@hawaiipacifichealth.org](mailto:hphcontinuingeduc@hawaiipacifichealth.org)

# CME Accreditation Statement

- In support of improving patient care, Hawai'i Pacific Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.
- Hawai'i Pacific Health designates this webinar activity for a maximum of 1.0 AMA PRA Category 1 Credit (s)™ for physicians. This activity is assigned 1.0 contact hour for attendance at the entire CE session.



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

# Disclosures

- The planners and presenters of this activity report no relationships with companies whose products or services (may) pertain to the subject matter of this meeting



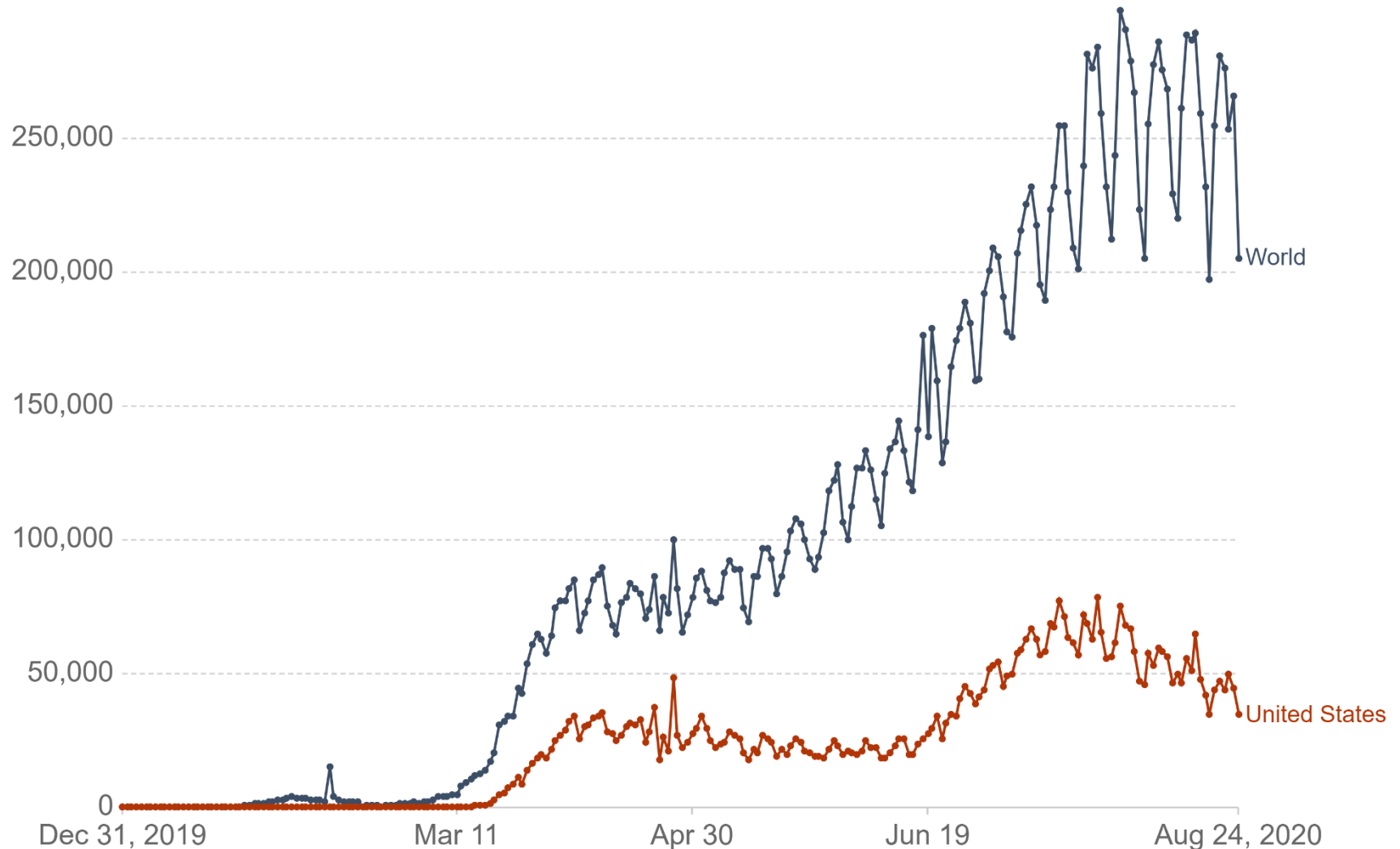
# COVID-19 Updates

**Gerard Livaudais, MD, MPH**

Executive Vice President,  
Population Health and Provider Networks  
Hawai'i Pacific Health

# Daily new confirmed COVID-19 cases

The number of confirmed cases is lower than the number of actual cases; the main reason for that is limited testing.



Source: European CDC – Situation Update Worldwide – Last updated 24 August, 10:04 (London time)

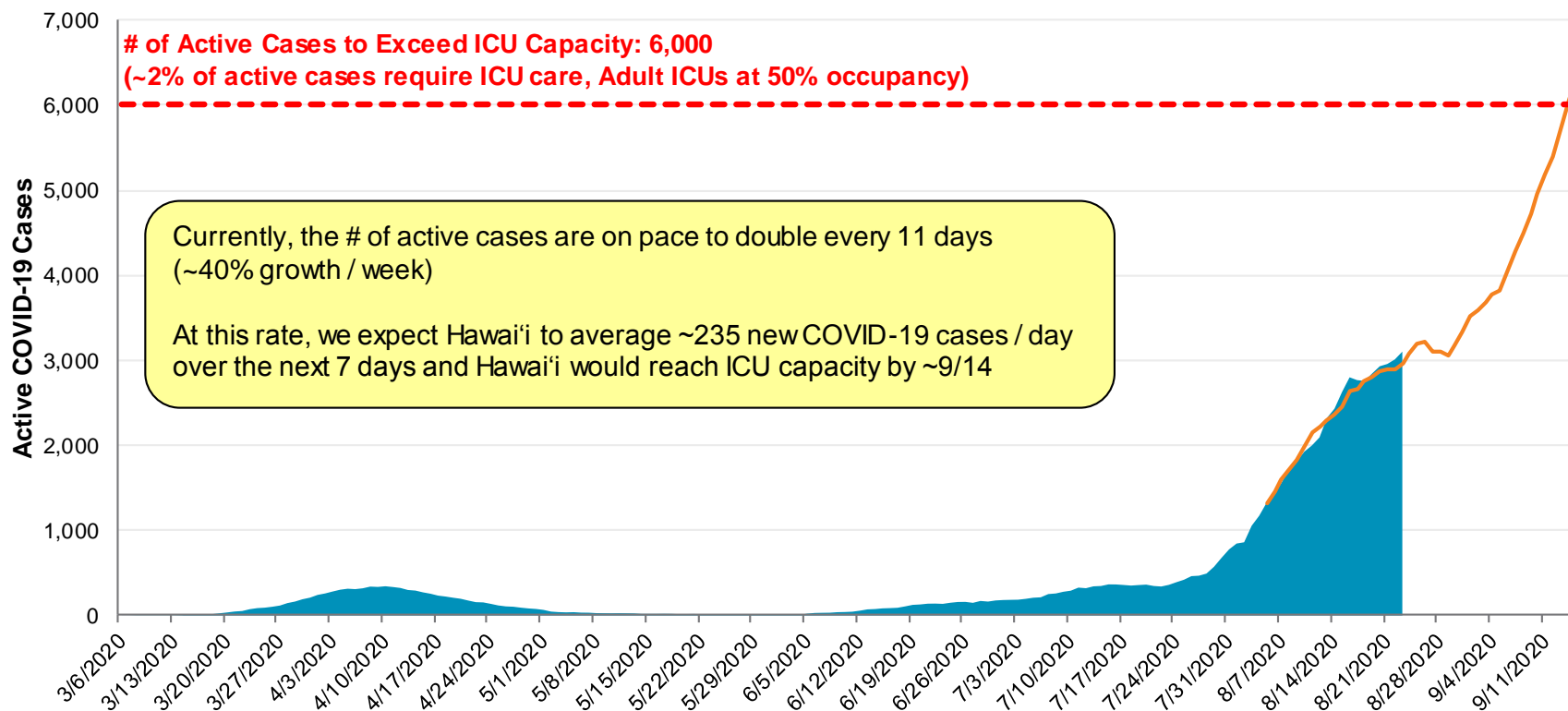
CC BY



# Hawai'i COVID-19 Case Projections

## Hawai'i Actual v. Projected COVID-19 Cases Updated 8/23/2020

Calculated (14-Days Active)      Projection      Capacity



| As of<br>08/24/20 | Total<br>Census | ICU beds<br>occupied           | #<br>Ventilators<br>in use                  | # New<br>Admissions<br>w/ COVID-<br>19<br>screening | # New<br>Admissions<br>w/ positive<br>COVID-19 | # Patients<br>currently<br>hospitalized<br>w/ suspect<br>or<br>confirmed<br>COVID-19 | # Patients<br>currently<br>on a<br>ventilator<br>w/ suspect<br>or<br>confirmed<br>COVID-19 | # Patients<br>currently in<br>ICU<br>w/ suspect<br>or<br>confirmed<br>COVID-19 |
|-------------------|-----------------|--------------------------------|---------------------------------------------|-----------------------------------------------------|------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| KMCWC             | 145             | AICU: 0<br>NICU: 68<br>PICU: 9 | AICU: 0<br>NICU: 27<br>PICU: 7<br>Wilcox: 1 | 2                                                   | 0                                              | S: 2<br>C: 1 adult<br>2 pediatrics                                                   | S: 0<br>C: 1                                                                               | S: 1<br>C: 1                                                                   |
| PMMC              | 101             | 9                              | 8                                           | 10                                                  | 2                                              | S: 5<br>C: 22                                                                        | S: 0<br>C: 7                                                                               | S: 0<br>C: 7                                                                   |
| SMC               | 127             | 15                             | 8                                           | 8                                                   | 1                                              | S: 4<br>C: 25                                                                        | S: 1<br>C: 3                                                                               | S: 1<br>C: 5                                                                   |
| WMC               | 42              | 6                              | 1                                           | 2                                                   | 0                                              | S: 2<br>C: 0                                                                         | S: 0<br>C: 0                                                                               | S: 1<br>C: 0                                                                   |

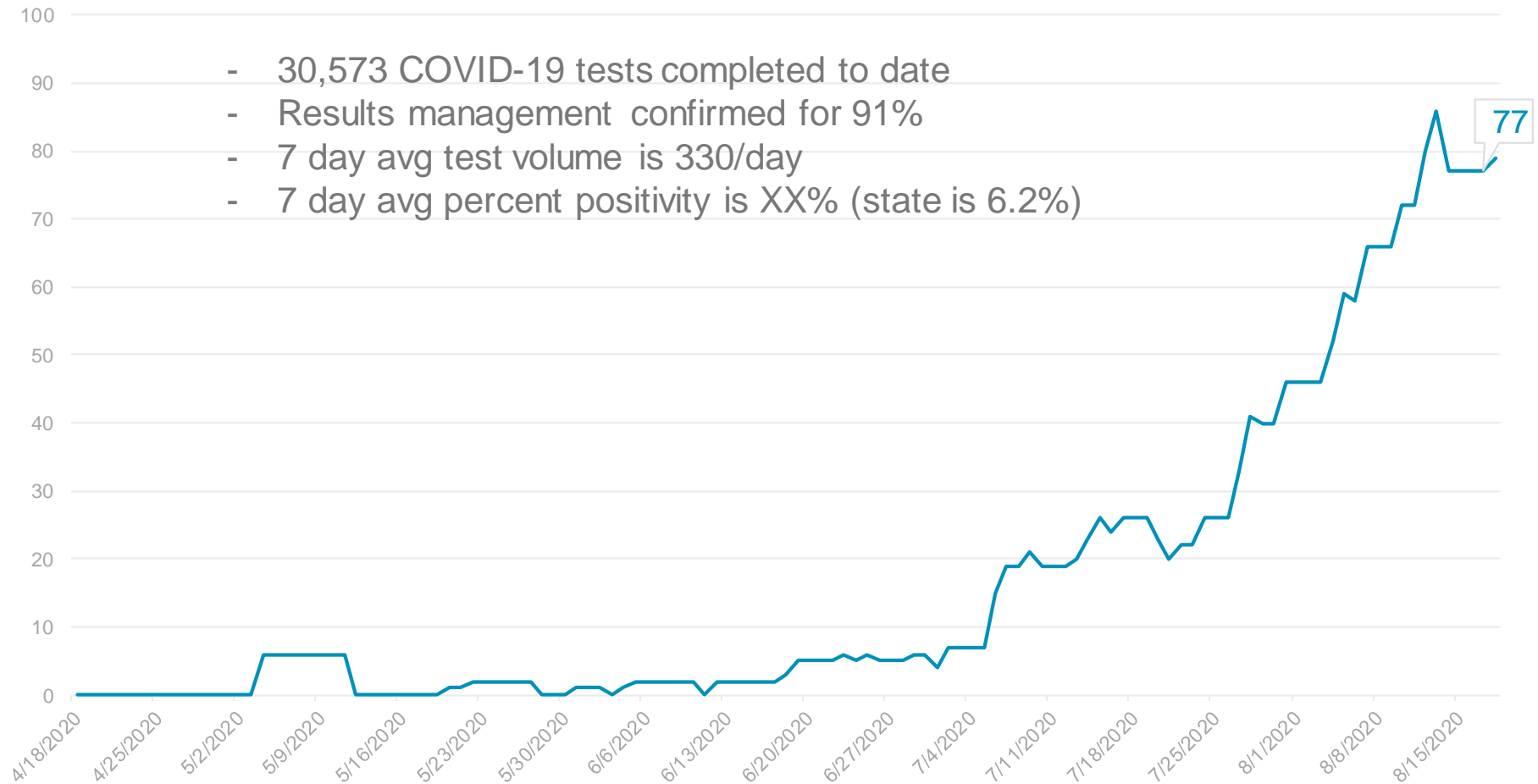
S = Suspected; C= Confirmed

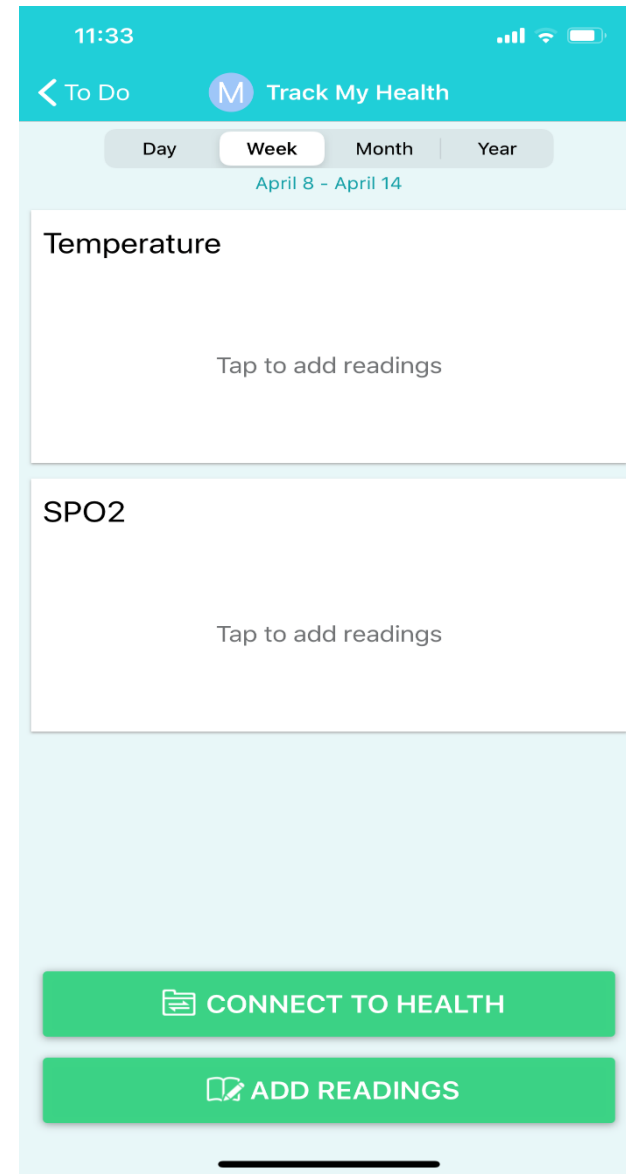
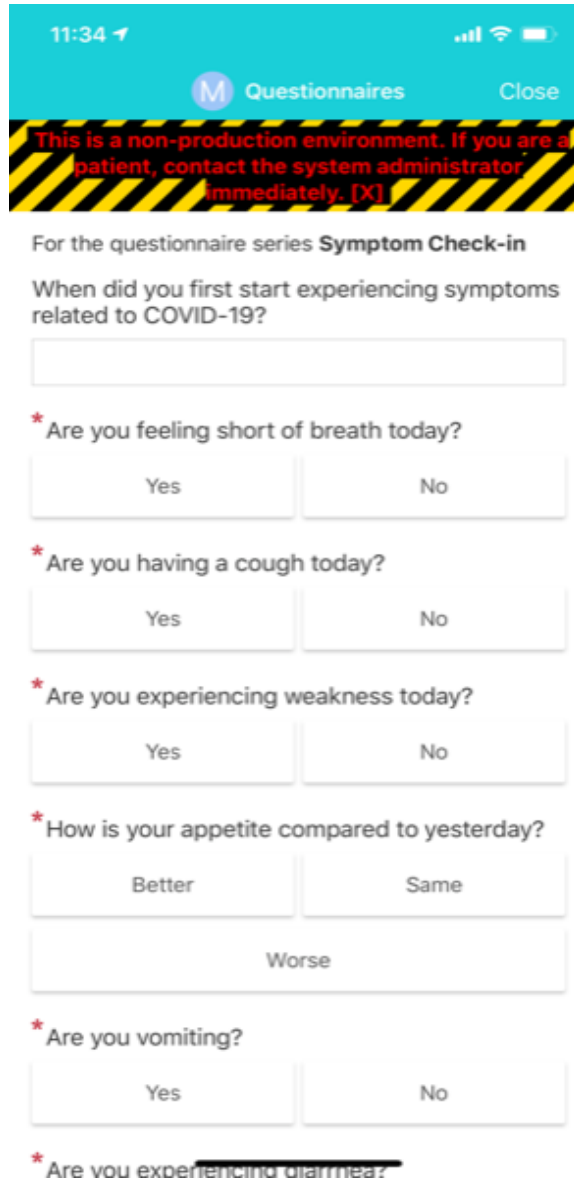
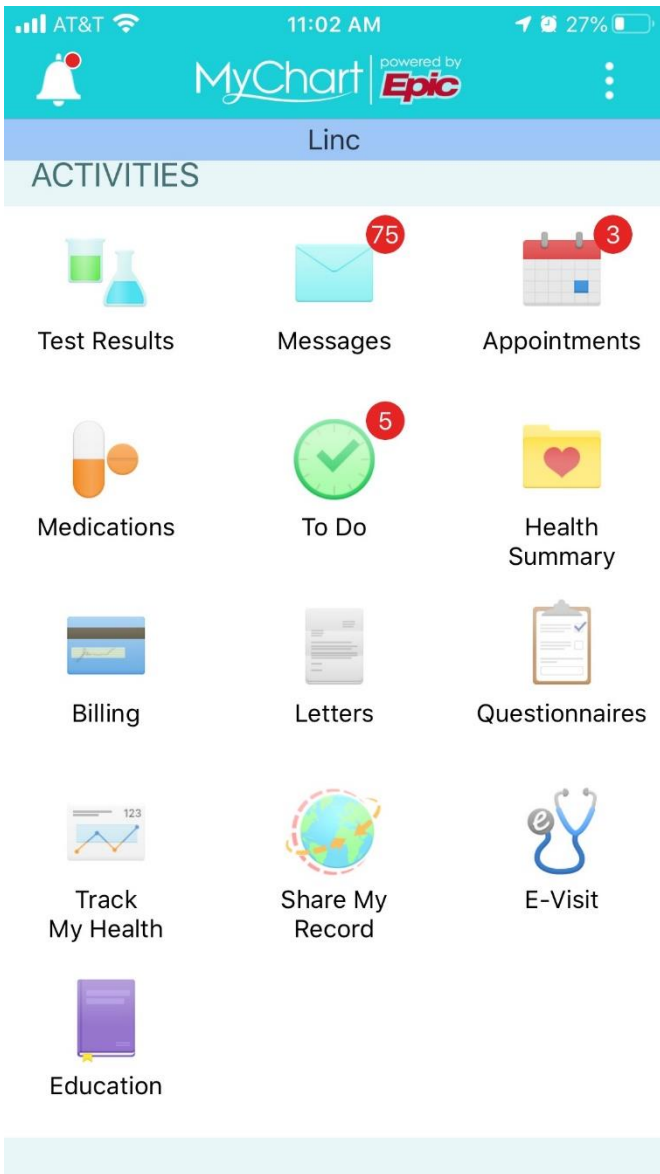
# COVID-19 Virtual Monitoring Program

Facilitates home recovery from COVID-19 through:

- Education and Support
  - Help patients understand their diagnosis, what to watch for, and how to access care appropriately.
- Clinical monitoring
  - Care Companion online app, use of Thermometer, Pulse Oximeter, Blood Pressure cuff. How to keep accurate records.
  - Telehealth visits by phone or video.
  - My Chart enrollment if possible.
- Treatment
  - COVID-19 (e.g. mild hypoxemia, symptoms).
  - Pre-existing illness (e.g. hypertension, diabetes).
  - Concurrent illness (e.g. UTI, otitis media).
  - Social, nutritional, financial, and psychological complications of illness. (Help connect with appropriate resources).

# COVID-19 Virtual Monitoring Program - Active Cases





# Best Practice Alert Message (BPA)-PCP view

| Status                        | Subject                                  | Msg Date   | Msg Time | Patient         |
|-------------------------------|------------------------------------------|------------|----------|-----------------|
| ↑ New<br>? Visit: 04/15/2020  | COVID-19 Shortness of Breath or Vomiting | 04/15/2020 | 3:50 PM  | Ambtest, Andy   |
| ↑ Read<br>? Visit: 04/15/2020 | COVID-19 SPO2 < 92                       | 04/15/2020 | 3:50 PM  | Ambtest, Andy   |
| ↑ New<br>? Visit: 04/15/2020  | COVID-19 Temp > 100.3 F                  | 04/15/2020 | 3:50 PM  | Ambtest, Andy   |
| ↑ New<br>? Visit: 04/15/2020  | COVID-19 SPO2 < 92                       | 04/15/2020 | 1:06 PM  | Ambtest, Ashley |
| ↑ New<br>? Visit: 04/15/2020  | COVID-19 Shortness of Breath or Vomiting | 04/15/2020 | 10:26 AM | Ambtest, Chris  |
| ↑ New<br>? Visit: 04/15/2020  | COVID-19 SPO2 < 92                       | 04/15/2020 | 10:25 AM | Ambtest, Chris  |
| ↑ New<br>? Visit: 04/15/2020  | COVID-19 Symptom Questionnaire Not Done  | 04/15/2020 | 9:00 AM  | Ambtest, Chris  |

Message
Help

**Andy Ambtest**

Male, 47 yr old, 7/17/1972  
MRN: 30000862

PCP: None  
Coverage: None

↑ COVID-19 SPO2 < 92
Received: Today

Mychart, User → P Covid-19 Outbreak Monitoring Pool

**Suspected or confirmed COVID-19 patient recorded oxygen saturation less than 92 in MyChart.**

Active

| Date          | User                            | Actions Taken          | Triggers             | Comment |
|---------------|---------------------------------|------------------------|----------------------|---------|
| 04/15/20 1550 | Mychart, User<br>[EBMYCHART001] | Send In Basket Message | Patient-Entered Data | None    |

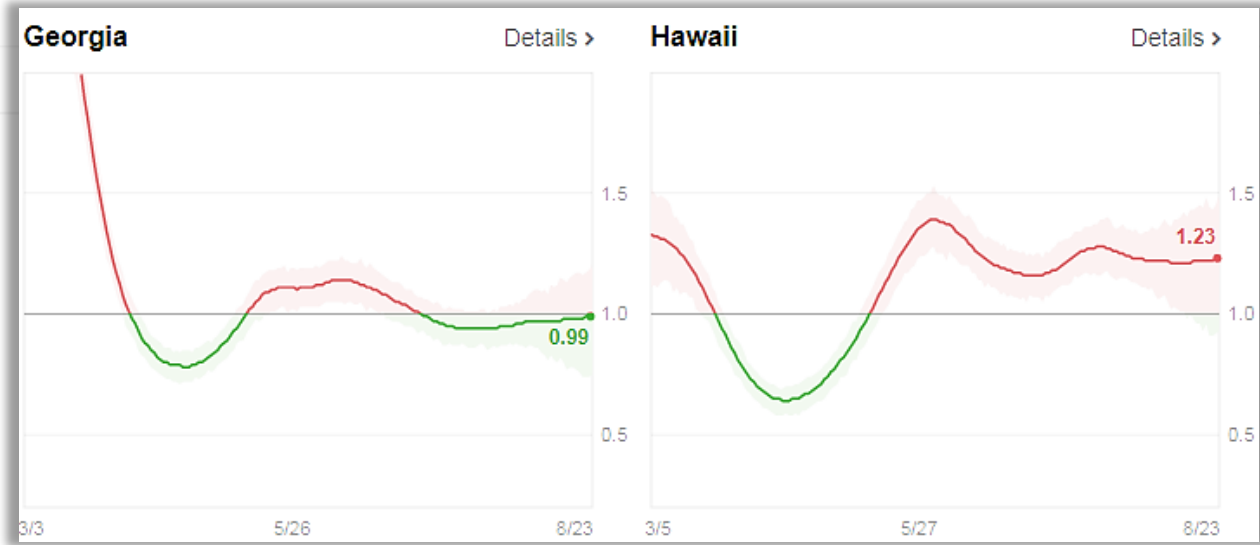
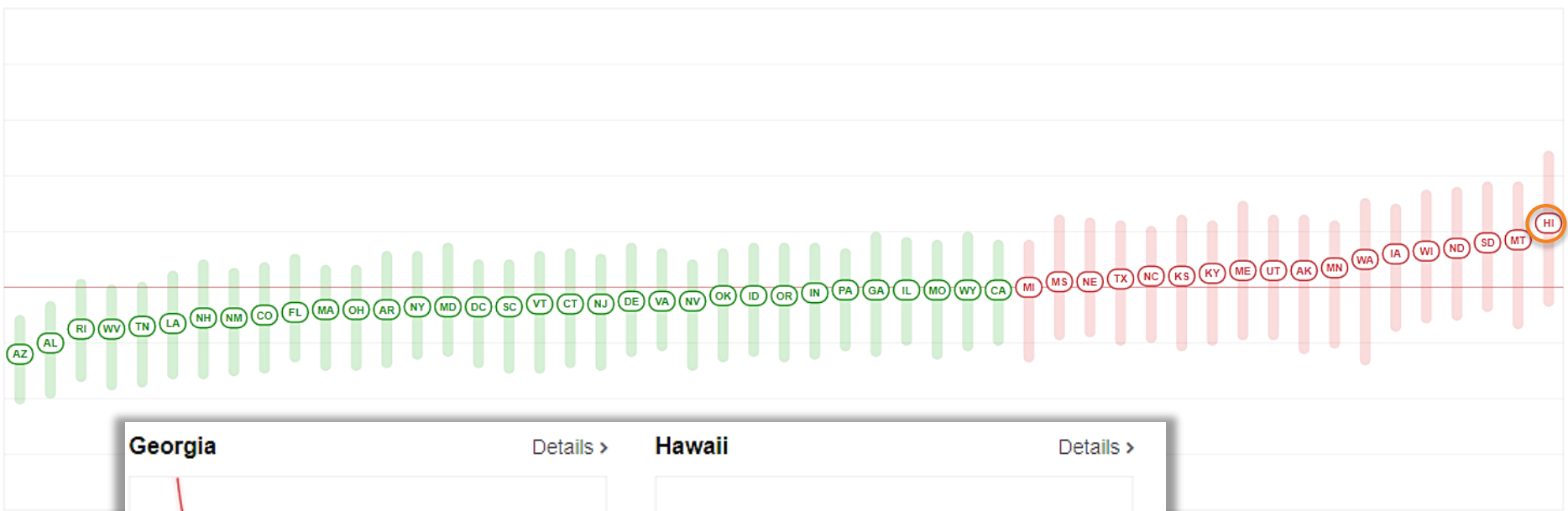
# R<sub>t</sub> COVID-19

As of AUGUST 24, 2020

These are up-to-date values for  $R_t$ , a key measure of how fast the virus is growing. It's the average number of people who become infected by an infectious person. If  $R_t$  is above 1.0, the virus will spread quickly. When  $R_t$  is below 1.0, the virus will stop spreading. [Learn More](#).

See details about the spread in [Hawaii](#) Data Last Updated: 8/24 at 5:16AM

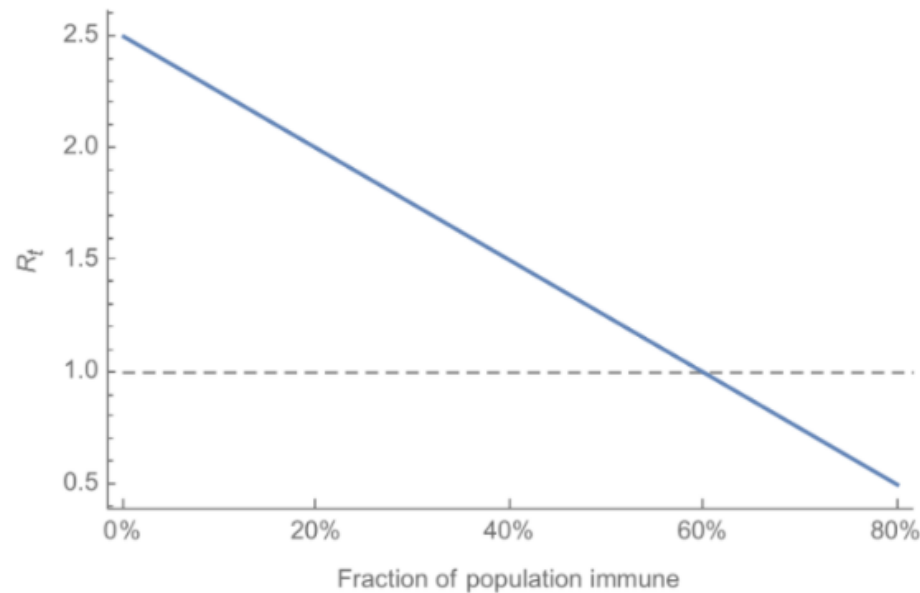
Latest 2 Weeks Ago 1 Month Ago 2 Months Ago 3 Months Ago Filter



<https://rt.live/> accessed 08.24.2020

## Classic conception of population immunity and effect on transmission

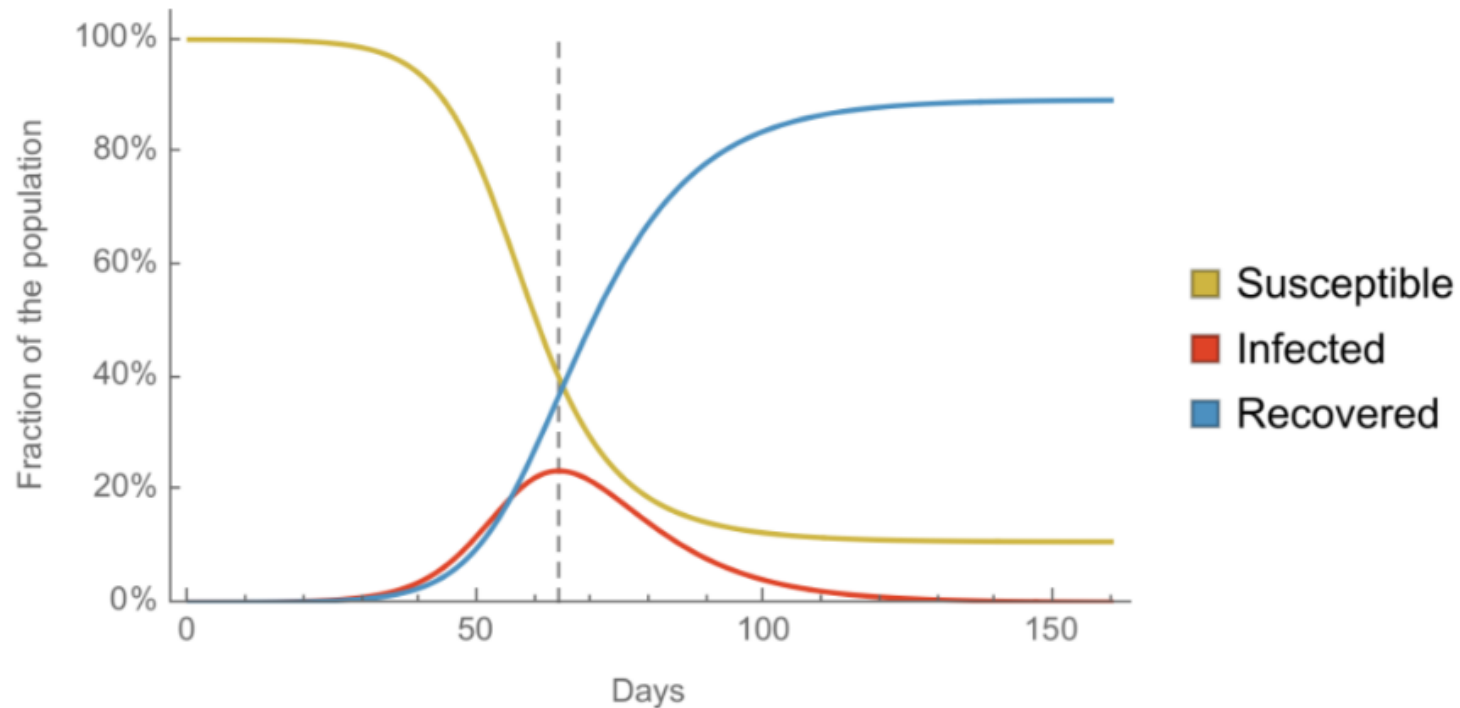
$$R_t = R_0 \times \frac{S}{N}$$



<https://bedford.io/talks/ncov-immunity-ucsf-grand-rounds/#/1>

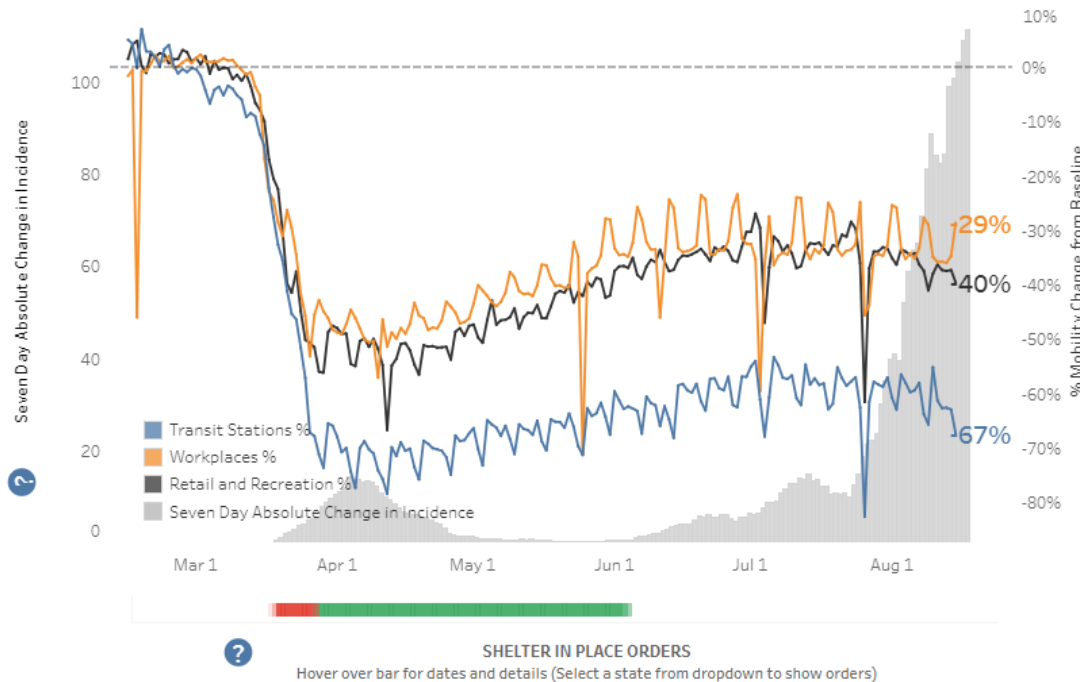


Classically epidemic breaks when  $R_t$  drops below 1 due to susceptible depletion



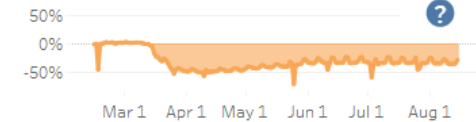
# Behavior Change and Incidence

All, HI



WORKPLACES

**-29%**



RETAIL AND RECREATION

**-40%**



TRANSIT STATIONS

**-67%**



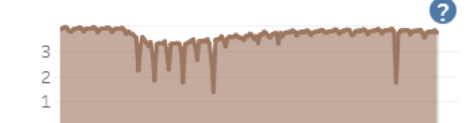
% AT HOME

**37%**



MOBILITY INDEX

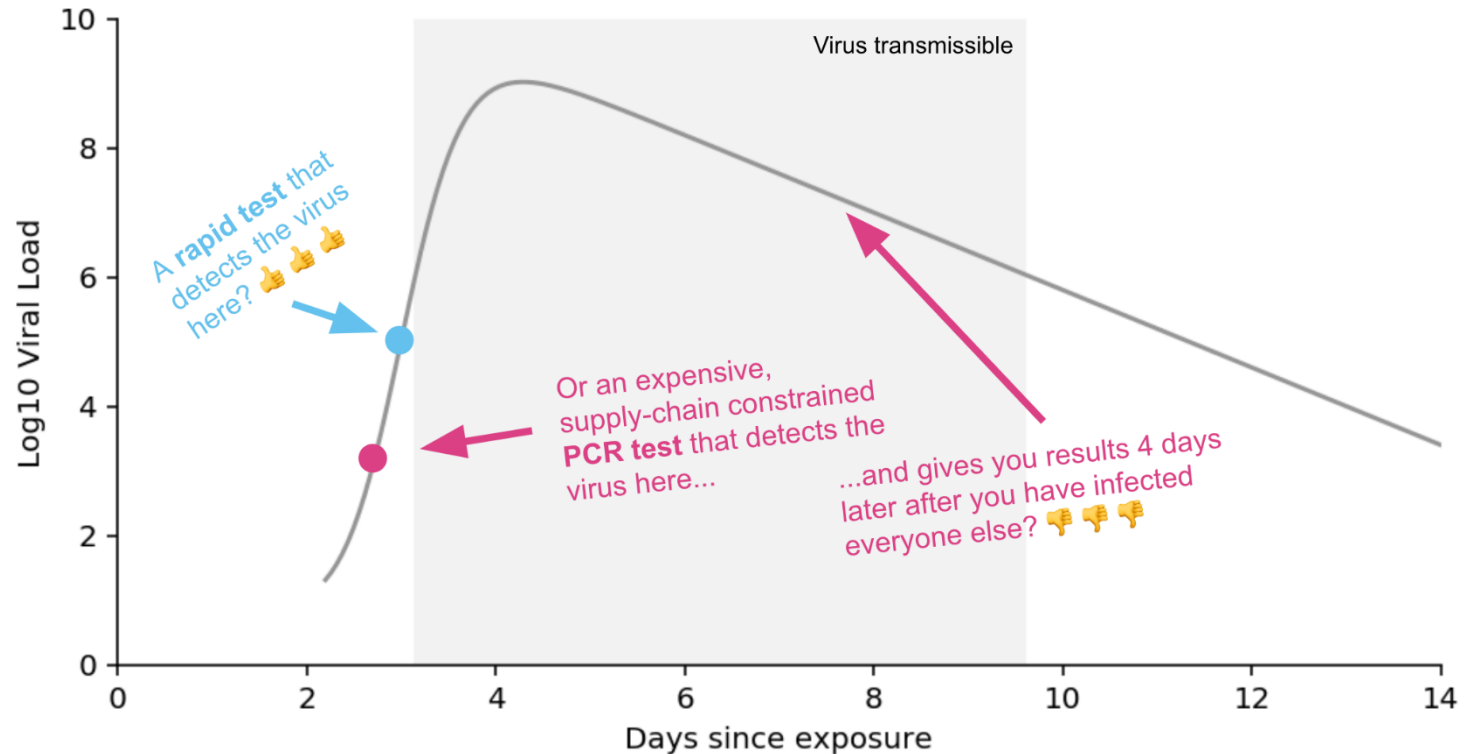
**3.7**



<https://www.cdc.gov/covid-data-tracker/index.html#mobility> accessed 08.23.20

## Rapid Tests vs PCR

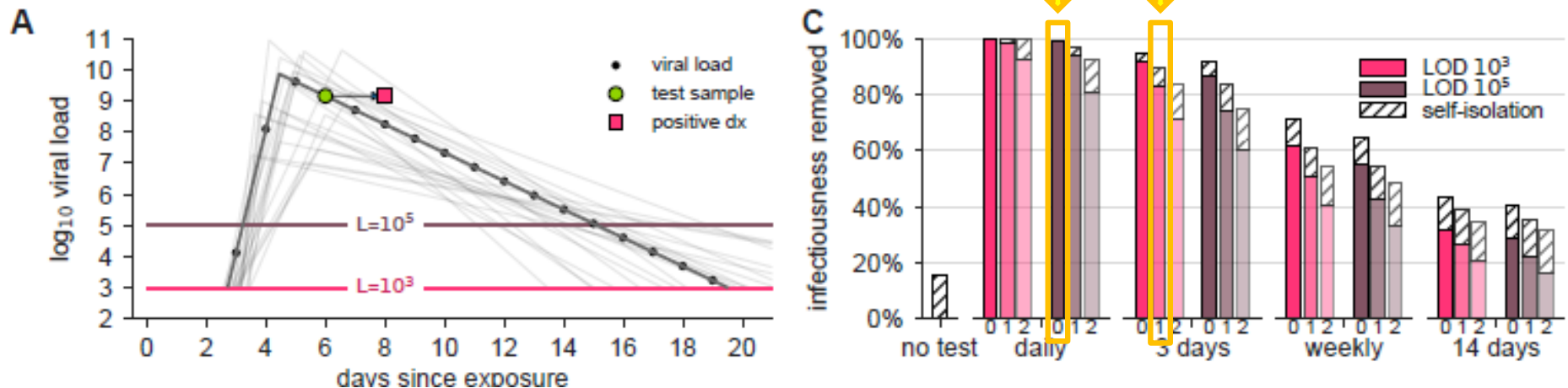
Which type of test is better for routine monitoring?



Viral load estimates and test sensitivities from Larremore, 2020  
<https://www.medrxiv.org/content/10.1101/2020.06.22.20136309v2.full.pdf>

<https://blogs.iwatch.org/hiv-id-observations/index.php/rapid-home-testing-for-contagious-covid-19-how-to-make-it-happen/2020/08/09/> Paul Sax, MD

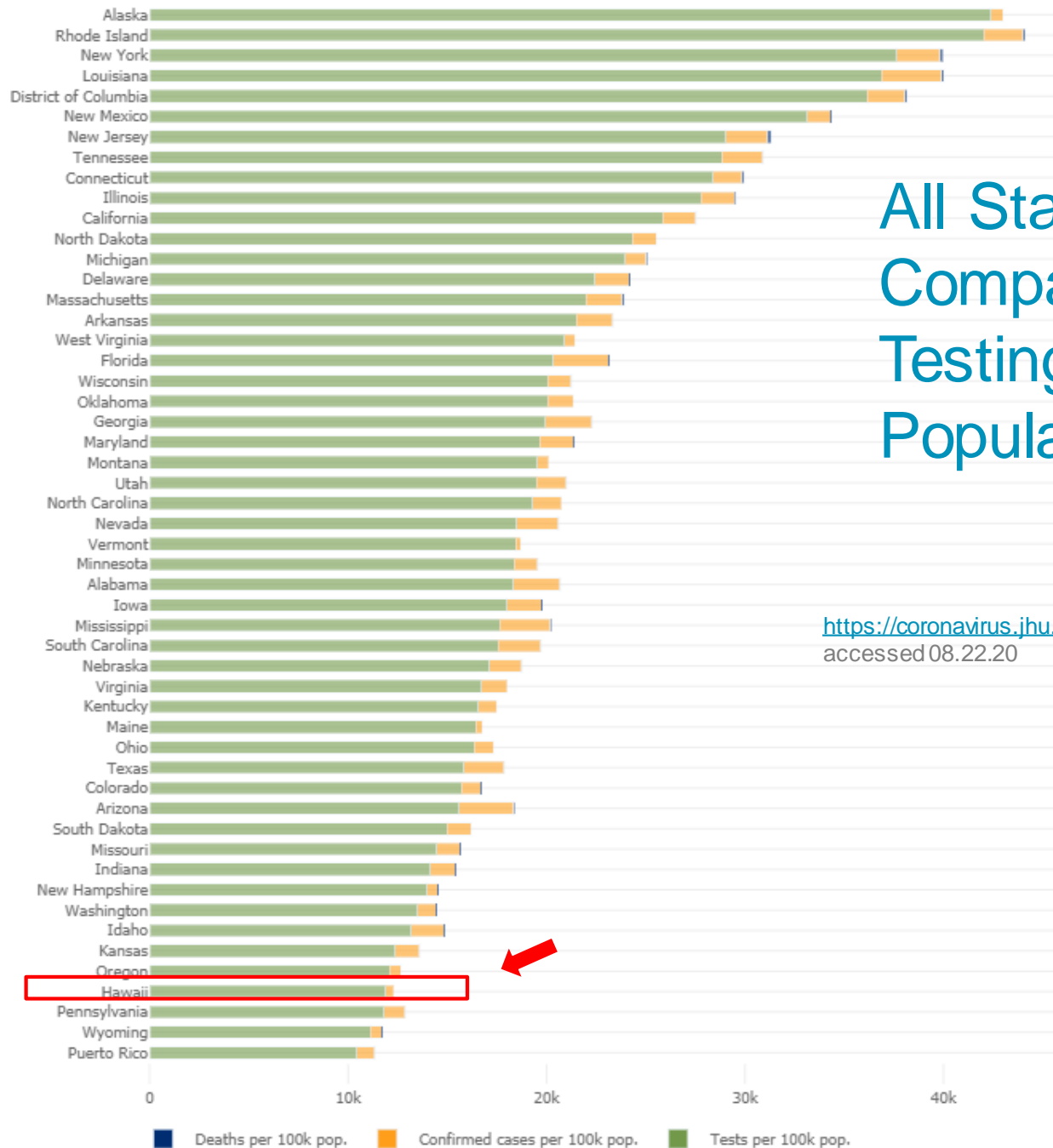
# Test Sensitivity is Secondary to Frequency



D Larremore, M Mina, et al. medRxiv preprint doi: <https://doi.org/10.1101/2020.06.22.20136309>; this version posted June 27, 2020. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted medRxiv a license to display the preprint in perpetuity.

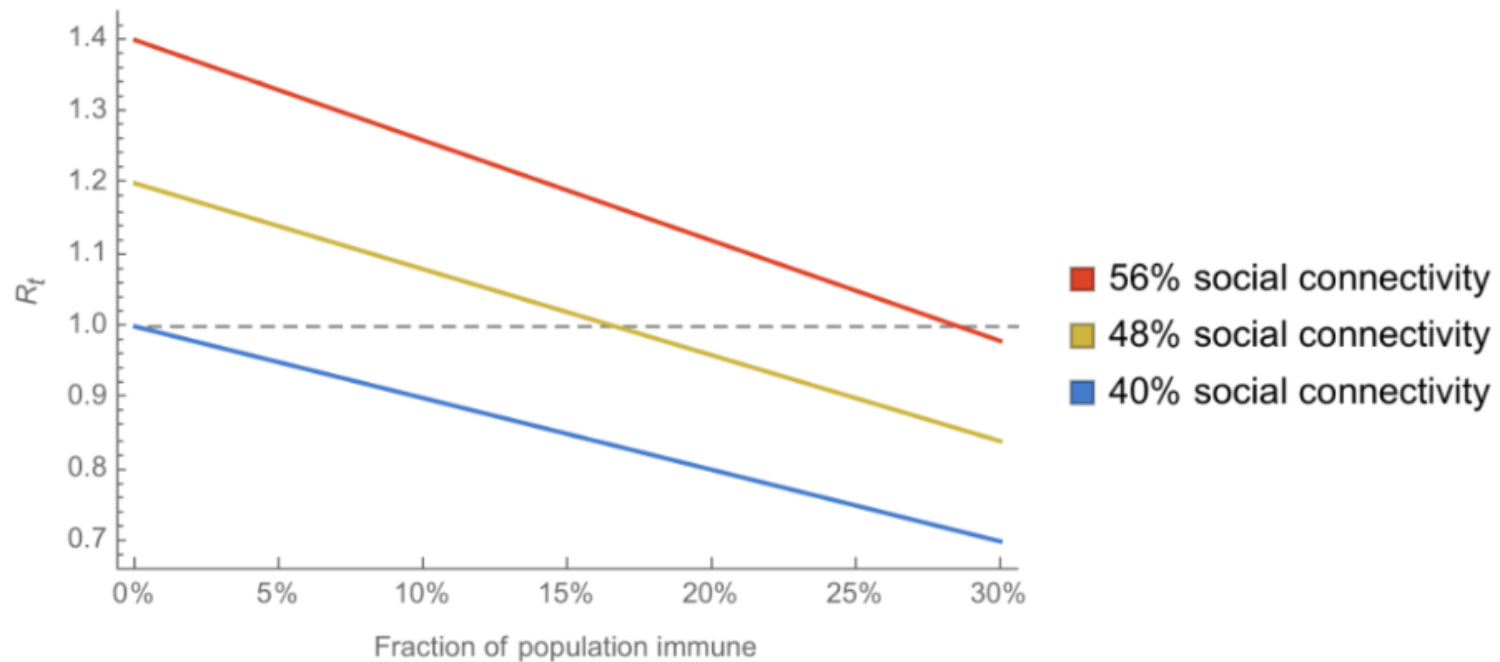
# All State Comparison of Testing Totals by Population

<https://coronavirus.jhu.edu/testing/states-comparison>  
accessed 08.22.20



$R_t$  depends on both societal behavior and population immunity

$$R_t = R_0 \times \alpha \times \frac{S}{N}$$



# COVID-19 Scenario Examples



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# Definitions

- **Close contact:** less than 6 feet, more than 15 min
- **Exposure:** close contact with a Covid+ person
- **Secondary exposure:** close contact with someone in close contact with a Covid+ person
- **Social/physical distancing:** no close contact
- **Isolation:** maintaining distance from others due to illness symptoms
- **Quarantine:** staying confined to home/living space due to exposure



# Scenario #1

- Your staff member's spouse is currently in quarantine for 14 days because spouse works with a co-worker who tested positive.

## Guideline:

Contacts of a person in contact with a COVID+ person do not need to quarantine, unless their contact also tests positive.

- Does your staff member also quarantine? **NO**
- Does your staff need to be tested?  
If spouse is positive, it may help in management

## Scenario #2

- Employee 1 has been in close contact with a co-worker 2 (who is asymptomatic) who lives with a COVID + person in self isolation.

### Guideline:

Contacts of a person in contact with a COVID+ person do not need to quarantine, unless their contact also tests positive.

- Can the employee go back to work or do they have to quarantine and/or get tested? **Employee 1 can work, but co-worker 2 should be quarantined.**

# Scenario #3

- A floral shop worker (your patient) works in the same area as a worker who received Covid+ results today.
  - They work >6 feet apart but walk past each other in the work area frequently
  - They eat lunch together
  - They all wear masks
  - The shop was cleaned 3 days ago and is temporarily closed.

## Guideline:

Direct contact of a COVID+ must quarantine for 14 days

- Who needs to be tested and/or quarantined and for how long?  
All who are in “close contact”
- When do you test? 7 days or sooner with symptoms
- When would it be okay to re-open and have people return to work?  
Once contacts are all identified

# Scenario #4

- At the time of service at the hair salon, the client and employee were wearing masks (and employee wearing face shield). However, the client gets sick later that day, and reports a positive test result the next day.

## Guideline:

CDC only recognizes value of PPE if worn by HCW.

Employee is direct contact so must quarantine. Test at day 7.

Cleaning of surfaces should be done.

- Does the employee have to be out of work/quarantine? **YES**
- Does the employee need to be tested? **Not required, (but helpful in management)**
- Does the place of service need to temporarily close? **NO**

# Scenario #5

- An employee at a retail store was training another employee the day before the trainee felt sick, (and proceeded to test positive for COVID-19 the day after training). Both were wearing mask at the time of training.

## Guideline:

Deep cleaning value is unclear.

Circumstances of trainer/trainee contact must be explored. Trainer may need to quarantine for 14 days and potentially get tested.

- Does the store need to close and deep clean? **NO**
- Does the trainer have to be tested? **Must explore details of the interaction to know (6 feet, >15 minutes)**
- How long should the trainer quarantine? **If needed, 14 days**

# Scenario #6

- Your patient (employee) works in a bank office but does not have contact with customers. Her mother, who lives with the employee and is well, had repeated close contact with Covid+ positive uncle. Mother tested negative 3 days after most recent contact with uncle.

## Guideline:

Asymptomatic close contacts testing negative should self-quarantine for 14 days from their last exposure

- Does the mother need to quarantine? **Yes**
- Should the mother be tested again? **IF retested at 7 days and positive, it changes to 10 day (minimum) isolation from the specimen collection.**
- Does the employee (your patient) need to be tested? Quarantine? **Depends on mother's results (if possible, should separate from mother)**

# Scenario #7

- Your patient's caregiver came over to the house 5 days ago to help patient and was asymptomatic. Caregiver took a test today and was positive.

## Guideline:

Contact is considered 2 days prior to either symptoms onset or collection date of positive test.

- Does your patient need to be tested? **NO**
- Does the family of the patient all have to quarantine and be tested? **NO**

# Scenario #8

- A patient turned positive 3 days after admission to the hospital and lives with a roommate. Both are clients of a caregiver. Caregiver is without symptoms. Caregiver is 45 yrs old and healthy.

## Guidelines:

- Close contact within 2 days of symptoms need testing.
  - Testing is recommended for all close contacts of confirmed or probable COVID-19 patients. Asymptomatic contacts testing negative should self-quarantine for 14 days from their last exposure
  - If testing is not available, symptomatic close contacts should self-isolate
  - If testing is not available, asymptomatic close contacts should self-quarantine and be monitored for 14 days after their last exposure
- 
- Does the caregiver have to quarantine for 14 days? **No**
  - Does the caregiver need to be tested? **No**
  - Can the caregiver still take care of the other client? **Yes**

Contact tracing should be conducted by the hospital.



# Scenario #9

- Your patient's workplace tested everyone. Your patient is asymptomatic and was never sick but tested positive.

## Guideline:

Isolation (not quarantine) for at least 10 days. If any symptom, must be fever free at least 24 hours without antipyretics, improving symptoms (if any). Different rules for severely immunocompromised pts.

- Does your patient have to quarantine? And if so, for how long? **Patient must isolate for at least 10 days from specimen collection date.**

# Scenario #10

- You find out that your MA tested positive for COVID-19.

## Guideline:

Close contacts of COVID+ must quarantine for 14 days  
(if contact is not ongoing)

- What should you do? Understand the details
- Who needs to get tested? Close contacts
- Who needs to quarantine? MA needs to isolate and close contacts quarantine

# Q&A

# HHP Member Satisfaction Survey

- Link to survey will be emailed to HHP members at 6:30pm from [Info@hawaiihealthpartners.org](mailto:Info@hawaiihealthpartners.org) via SurveyMonkey
- No email? Contact us at [Info@hawaiihealthpartners.org](mailto:Info@hawaiihealthpartners.org)
- Survey closes *tomorrow* (Tuesday - 08/25/20) at 11:59pm!

# Thank you!

- A recording of the meeting will be available afterwards.
- Unanswered question?
  - Contact us at [Covid19Bulletin@hawaiipacifichealth.org](mailto:Covid19Bulletin@hawaiipacifichealth.org)