

Thank you for participating in the City and County of Honolulu / HHS Surge COVID testing program.

Please do NOT call any of the Department of Health or hospital hotlines for your results.

Your test results will be e-mailed to you or will be accessible via the portal on doineedacovid19test.com

According to the CDC, **the symptoms of COVID-19** may include the following symptoms that are new, worsening or not attributable to a pre-existing condition:

- Fever (≥ 100.4 F) or feeling feverish (chills, cold sweats)
- Cough
- Shortness of breath or difficulty breathing
- Sore throat, nasal congestion, runny nose
- Unexplained muscle or body aches, headache, fatigue
- New loss of taste or smell
- Diarrhea, nausea, vomiting
- Unexplained skin rash
- Chest pain or pressure

A close contact exposure is considered...

- Being within 6 ft of a positive individual for longer than 15 minutes without proper personal protective equipment within 2 days of the individual testing positive.
- Directly coughed or sneezed on by a COVID-19-positive individual
- Hugging, kissing or using eating or drinking utensils of an infected individual
- Providing care at home to someone who is sick with COVID-19
- Hawaii Department of Health telling you that you have been in contact with a person with COVID-19
- Someone who lives with you or works closely with you being told by DOH to stay home/quarantine

1. If you currently have any symptoms of COVID-19, OR if you have come into close contact with anyone who has tested positive for COVID-19, **PLEASE quarantine at home** - www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html
2. If you develop symptoms while you are awaiting your test, **please call your primary care provider**.
*If you do not have a primary care physician, please call either the Hawai'i Pacific Health Virtual Clinic (808) 462-5430 Press option 4] or the Queen's Medical Center COVID-19 information line (808) 691-2619.
3. **IF YOUR TEST IS POSITIVE, please do the following immediately:**
 - a. **Notify your primary care provider***
 - b. **Isolate yourself.** www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html
 - i. In the home, anyone sick or infected should separate themselves by staying in a "sick room" or area and using a separate bathroom (if available).
 - ii. **If you cannot safely isolate at home, please call the Hawai'i CARES line to discuss options (808) 832-3100**
 - iii. People who are in isolation and had symptoms should stay at home for at least 10 days since symptoms first appeared, have no fever for 24 hours, and symptoms have improved.
 - iv. People who are in isolation but never developed symptoms should stay at home for 10 days from the date the test was performed.
 - c. Have your household members get tested as soon as possible at one of the following sites: hah.org/wp-content/uploads/2020/08/Hawaii-Statewide-COVID19-testing-sites-8.19.20.pdf
 - d. Notify anyone with whom you have had close contact within 48 hours prior to your test OR 48 hours prior to symptom onset that you have tested positive. Notify your employer or school if you have been on campus within that same time period.
4. **If your test is negative**, this does not necessarily mean you are free and clear of COVID-19. It is possible that you were very early in your infection and that **you could test positive later**. If you develop symptoms, you should call your primary care provider to get re-tested.