

# COVID-19 Doffing Sequence with Extended-Use Headgear



Before you exit the anteroom/room



## 1 GOWN & GLOVES:

Remove gown and gloves at the same time.

Carefully pull from the front at the shoulders, down and roll outward as you pull (wrapping dirty side inward).

Gloves should be bundled inside gown and discarded.

## 2 HAND HYGIENE:

Perform hand hygiene.



Exit the anteroom/room.

Your headgear will remain on except for breaks/lunch and at the end of shift. For step-by-step instructions, please refer to the ["Donning, Doffing, Cleaning Head Gear for Extended Use"](#) document available on the homepage intranet.