COVID-19 Patient Quarantine Process

Patient being admitted and under quarantine (d/t recent travel or exposure)

Does patient have symptoms of COVID-19*?

YES

- Order diagnostic (nasopharyngeal) COVID test
- Place patient on Airborne, Contact and Eye Protection Precautions until test is negative **and** physician approves isolation discontinuation
- Restrict visitors for 10-day quarantine period (if COVID positive, restrict until disease resolved per protocol)
- Patient placement per facility protocol

- Notify Attending Physician **and** Unit Supervisor/Manager

NO

- Order screening (anterior nasal) COVID test
- No COVID isolation needed
- Restrict visitors for 10-day quarantine period
- If quarantine is exposure-related, retest at day 4 **and** day 7.

Nursing:
- Track what day of quarantine on patient's white board
- Monitor patient every shift for development of COVID symptoms*

Patient develops symptoms of COVID-19*

YES

NO → No further action needed

*CDC SYMPTOMS OF COVID-19

- **Fever or chills**
- **Cough**
- **Shortness of breath or difficulty breathing**
- **Fatigue**
- **Muscle or body aches**
- **Headache**
- **New loss of taste or smell**
- **Sore throat**
- **Congestion or runny nose**
- **Nausea or vomiting**
- **Diarrhea**

CDC reference link: (https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)

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